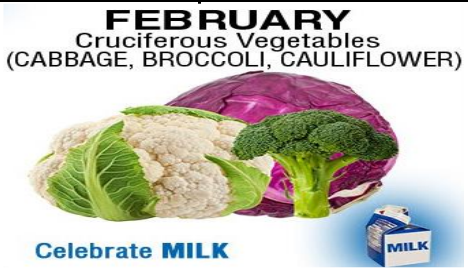
# MERIWETHER COUNTY SCHOOL NUTRITION
# FEBRUARY LUNCH MENU
### GMHS & MHS

| MONDAY | TUESDAY | WEDNESDAY 1 | THURSDAY 2 | FRIDAY 3 |
|---|---|---|---|---|
| | | Smart Mouth Pizza<br>Loaded Potato Soup & Crackers<br>with PBJ Sandwich & Cheese Stick<br>Grab N Go<br>Green Peas<br>Glazed Carrots<br>Fresh Watermelon<br>Fruit Choice | Krispy Fish & Cornbread<br>Roasted Chicken or Pulled Pork & Cornbread<br>Grab N Go<br>Mac N Cheese<br>Seasoned Turnip Greens<br>Seasoned Black Eye Peas<br>Icy Peach Cup<br>Fruit Choice | Smart Mouth Pizza<br>Salisbury Steak & Rice<br>Grab N Go<br>Lettuce/Tomato/Pickle<br>Fresh Garden Salad<br>Green Beans<br>Fruit Choices |
| **MONDAY 6** | **TUESDAY 7** | **WEDNESDAY 8** | **THURSDAY 9** | **FRIDAY 10** |
| Chicken Parmesan Wrap<br>Chili Cheese Nachos<br>Grab N Go<br>Buttered WK Corn<br>Green Beans<br>Fruit Choices | Chicken & Waffle<br>Steak Fajitas<br>Grab N Go<br>Saucy Baked Beans<br>Garden Salad<br>Chilled Peaches<br>Fruit Choice | Smart Mouth Pizza<br>BBQ/Bun<br>Grab N Go<br>Green Beans<br>Glazed Carrots<br>Fruit Choice | Crispy Chicken/WG Bun<br>Chili Bowl & Texas Toast<br>Grab N Go<br>Crispy Fries<br>Carrot Dipper<br>Fruit Choices<br>Cinnamon Roll | Smart Mouth Pizza<br>Bacon Cheeseburger<br>Grab N Go<br>Buttered WK Corn<br>Steamed Broccoli/Cheese<br>Strawberry Flavored Pears<br>Fruit Choice |
| **MONDAY 13** | **TUESDAY 14** | **WEDNESDAY 15** | **THURSDAY 16** | **FRIDAY 17** |
| Pizza Crunchers & Marinara<br>Tangy Chicken Wings & Texas Toast<br>Grab N Go<br>Fresh Broccoli/Dip<br>Celery Sticks/Dip<br>Flavored Applesauce<br>Fruit Choice | Crunchy Chicken Tacos<br>Spaghetti & Meatballs/WW Roll<br>Grab N Go<br>Brownie<br>Fresh Lettuce/Tomato<br>Salad/Ranch<br>Sweet Potato Fries<br>Cinnamon Apples<br>Fruit Choice | Smart Mouth Pizza<br>Loaded Potato Soup & Crackers<br>with PBJ Sandwich & Cheese Stick<br>Grab N Go<br>Green Peas<br>Glazed Carrots<br>Fresh Watermelon<br>Fruit Choice | Krispy Fish & Cornbread<br>Roasted Chicken or Pulled Pork & Cornbread<br>Grab N Go<br>Mac N Cheese<br>Seasoned Turnip Greens<br>Seasoned Black Eye Peas<br>Icy Peach Cup<br>Fruit Choice | |
| **MONDAY 20** | **TUESDAY 21** | **22** | **23** | **24** |
| | Chicken & Waffle<br>Steak Fajitas<br>Grab N Go<br>Saucy Baked Beans<br>Garden Salad<br>Chilled Peaches<br>Fruit Choice | Smart Mouth Pizza<br>BBQ/Bun<br>Grab N Go<br>Green Beans<br>Glazed Carrots<br>Fruit Choice | Crispy Chicken/WG Bun<br>Chili Bowl & Texas Toast<br>Grab N Go<br>Crispy Fries<br>Carrot Dipper<br>Fruit Choices<br>Cinnamon Roll | Smart Mouth Pizza<br>Bacon Cheeseburger<br>Grab N Go<br>Buttered WK Corn<br>Steamed Broccoli/Cheese<br>Strawberry Flavored Pears<br>Fruit Choice |
| **MONDAY 27** | **TUESDAY 28** | | | |
| Pizza Crunchers & Marinara<br>Tangy Chicken Wings & Texas Toast<br>Grab N Go<br>Fresh Broccoli/Dip<br>Celery Sticks/Dip<br>Flavored Applesauce<br>Fruit Choice | Crunchy Chicken Tacos<br>Spaghetti & Meatballs/WW Roll<br>Grab N Go<br>Brownie<br>Fresh Lettuce/Tomato<br>Salad/Ranch<br>Sweet Potato Fries<br>Cinnamon Apples<br>Fruit Choice | | | |




**Pack Pal Offered Daily**

**Menus are subject to change due to product availability.**

This institution is an equal opportunity provider.